

Lahinch Surf School Consent Form

Consent and information form for all participants



Name: _____

Age: _____ M/F: _____

Contact Number: _____

Email: _____

Medical conditions: _____

Swimming ability: Non Swimmer Weak Swimmer Strong Swimmer

Lahinch Surf School is an Irish Surfing Association Approved surf school. All our instructors are qualified beach lifeguards and surf coaches.

Each lesson is 2 hours in full. Participants are given wetsuits and get changed. Each lesson begins with a Lahinch Surf School Safety Speech covering general surf safety and water conditions for that specific beach and day. Participants are asked to obey the guidelines laid out by their instructors. After the safety speech instructors bring the group to the beach for on-land technique drills. Approximately 60-70 minutes is spent in the water.

The objective is to teach surfing in a fun and safe manner. We aim to give participants enough safety information to ensure that they have the right start in surfing and will not endanger themselves or will not endanger others in the water.

Terms and Conditions:

1. Management reserve the right to change the programme of the surf lessons when conditions are unsafe.
2. Sea conditions are liable to change at any time during the lesson. Instructors may end the lesson early the lesson if conditions become too dangerous.
3. All lessons are held in waist deep water. Instructors are to be informed if participants are weak swimmers. In this case participants are asked to stay close to the instructor during the lesson.
4. Staff of Lahinch Surf School must be notified of any medical conditions or behavioural problems in advance.
5. Participants are expected to arrive at scheduled time. Lessons cannot be delayed.
6. Anyone who has been drinking alcohol will not be allowed to participate in surf session and will lose their payment
7. Glasses may not be worn during the water work. Please inform instructors of any hearing or visual difficulties.
8. Participants are asked to stay close to their lesson group and not drift off by themselves.

I will not hold the staff or management of Lahinch Surf School responsible for any personal injury or loss or damage of possessions or while partaking in activities with Lahinch Surf School.

Signed: _____

Date: _____